



Day of surgery:

- You can have CLEAR LIQUIDS up to 2 HOURS prior to your arrival time.
- Clear liquids include: water, clear tea, or black coffee without sugar or cream.
- If you are unsure if a liquid is clear, DO NOT DRINK IT.
- Do not chew gum, tobacco, or eat mints.
- You can have dry toast (no butter) 6 HOURS prior to your arrival.
- Eating or drinking anything besides what is listed above may result in your surgery being delayed or possibly rescheduled.

- If you take oral medication for DIABETES, do **NOT** take them the morning of your surgery. You may take them as soon as you begin eating after surgery.
- If you take other medications in the morning, take them **ALL** as you normally would, with only clear liquids. If you take any medication to thin your blood, follow your surgeon's recommendation.
- Please bring a current list of **ALL** medications you take and any medication allergies.

- Do **NOT** wear makeup on your face.
- Wear loose, short sleeve clothing so that heart and blood pressure monitors can easily be placed on your chest and arms during surgery.
- You will need someone responsible to drive you to and from surgery. You may use a taxi or uber service only if you have another responsible adult to accompany you. Your driver must stay on the premises while you are at the surgery center.
- If you have felt ill or have a fever within 24 hours of your procedure date please call (405) 546-1280 to speak with the anesthesia provider.